



## INSTRIDE/CAROLINA PODIATRY GROUP, INC – PATIENT INFORMATION

FIRST NAME \_\_\_\_\_ M.I. \_\_\_\_\_ LAST NAME \_\_\_\_\_

SSN# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_

EMAIL: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

\_\_\_\_\_  
(CITY) (STATE) (ZIP CODE)

Primary phone number \_\_\_\_\_ is this home/cell/work? \_\_\_\_\_

Alternate number \_\_\_\_\_ is this home/cell/work? \_\_\_\_\_

MAY WE LEAVE A DETAILED MESSAGE AT THE ABOVE NUMBER(S)? Y or N

May we email you? Y or N

WHO MAY WE SPEAK WITH CONCERNING YOUR MEDICAL CARE?

\_\_\_\_\_

\_\_\_\_\_

How did you hear about our office? \_\_\_\_\_

Is there a POA handling your medical affairs Y or N If so, Who? \_\_\_\_\_

IF MINOR: LEGAL GUARDIAN: \_\_\_\_\_

FAMILY DOCTOR (PCP): \_\_\_\_\_ DATE LAST SEEN @PCP \_\_\_\_\_

PRIMARY LANGUAGE: ENGLISH SPANISH OTHER: \_\_\_\_\_ GENDER: MALE FEMALE

RACE: WHITE BLACK/AFRICAN AMERICAN HISPANIC/LATINO OTHER: \_\_\_\_\_

EMERGENCY CONTACT: \_\_\_\_\_ Relationship: \_\_\_\_\_

PHONE: \_\_\_\_\_

MARITAL STATUS: M D S W

STUDENT STATUS: FULL-TIME PART-TIME NON-STUDENT

EMPLOYMENT STATUS: FULL-TIME PART-TIME UNEMPLOYED RETIRED

PLACE OF EMPLOYMENT: \_\_\_\_\_

**Insurance:** Name of insurance \_\_\_\_\_

(please provide card)

Policy Holder if other than self: \_\_\_\_\_ Policy holder date of birth \_\_\_\_\_

date: \_\_\_\_\_

Signature of patient or legal guardian attesting that all above information is true

Name: \_\_\_\_\_

## INITIAL HEALTH HISTORY

What is the reason for your visit today? \_\_\_\_\_

ALLERGIES: FOOD - \_\_\_\_\_ INSECTS - \_\_\_\_\_

DRUG ALLERGIES - \_\_\_\_\_

WHAT MEDICATIONS ARE YOU TAKING?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

May we send your prescriptions electronically? YES NO

PHARMACY NAME: \_\_\_\_\_ PHONE: \_\_\_\_\_

PHARMACY ADDRESS: \_\_\_\_\_

**PAST MEDICAL HISTORY:** CHECK ☒ CONDITIONS YOU **CURRENTLY** HAVE OR HAD IN THE PAST.

- |  |   |   |   |
|--|---|---|---|
| <input type="radio"/> AIDS/HIV Positive        | <input type="radio"/> COPD                  | <input type="radio"/> Hernia              | <input type="radio"/> Polio                   |
| <input type="radio"/> Alcoholism               | <input type="radio"/> Drug Dependency       | <input type="radio"/> Herpes              | <input type="radio"/> Pregnancy               |
| <input type="radio"/> Alzheimer's              | <input type="radio"/> Diabetes              | <input type="radio"/> High Blood Pressure | <input type="radio"/> Prostate Problems       |
| <input type="radio"/> Anemia                   | <input type="radio"/> Emphysema             | <input type="radio"/> High Cholesterol    | <input type="radio"/> Stomach Ulcers          |
| <input type="radio"/> Anorexia                 | <input type="radio"/> Epilepsy/Seizure      | <input type="radio"/> Kidney Disease      | <input type="radio"/> Stroke                  |
| <input type="radio"/> Appendicitis             | <input type="radio"/> Fibromyalgia          | <input type="radio"/> Low Blood Pressure  | <input type="radio"/> Suicide Attempt         |
| <input type="radio"/> Arthritis                | <input type="radio"/> Glaucoma              | <input type="radio"/> Mononucleosis       | <input type="radio"/> Thyroid Problems        |
| <input type="radio"/> Asthma                   | <input type="radio"/> Gout                  | <input type="radio"/> Multiple Sclerosis  | <input type="radio"/> Tonsillitis             |
| <input type="radio"/> Back Problems            | <input type="radio"/> Heart Disease/Attack  | <input type="radio"/> Pace Maker/Defib.   | <input type="radio"/> Tuberculosis            |
| <input type="radio"/> Bleeding Disorders       | <input type="radio"/> Hepatitis: type _____ | <input type="radio"/> Pneumonia           | <input type="radio"/> Urinary Tract Infection |
| <input type="radio"/> Cancer: type _____       |   |   | <input type="radio"/> Vascular Disease        |
| <input type="radio"/> Congestive Heart Failure |   |   | <input type="radio"/> Other: _____            |

**PAST SURGERIES:** PLEASE LIST ALL SURGERIES THAT YOU HAVE HAD (NOT JUST FOOT RELATED):

\_\_\_\_\_  
\_\_\_\_\_

**FAMILY HISTORY:** DOES ANYONE IN YOUR **IMMEDIATE** FAMILY HAVE ANY MAJOR MEDICAL PROBLEMS? IF SO, LIST WHO AND WHAT: (please state if alive or deceased)

\_\_\_\_\_  
\_\_\_\_\_

**SOCIAL HISTORY:** DO YOU DRINK ALCOHOL? **Y** or **N** IF **YES**, HOW OFTEN? \_\_\_\_\_

DO YOU SMOKE OR USE TOBACCO? **Y** or **N** IF **YES**, # OF PACKS/DAY? \_\_\_\_\_ HOW LONG? \_\_\_\_\_ YRS

IF YOU PREVIOUSLY SMOKED OR USED TOBACCO, HOW LONG SINCE YOU QUIT? \_\_\_\_\_

DO YOU OR HAVE YOU EVER USED ILLEGAL DRUGS? **Y** or **N** DID YOU GET A FLU SHOT THIS YEAR? **Y** or **N**

**REVIEW OF SYSTEMS:** CHECK ☒ SYMPTOMS YOU **CURRENTLY** HAVE OR HAD IN THE **RECENT** PAST.

## **CONSTITUTIONAL**

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- CHILLS
- FEVER
- WEAKNESS
- FATIGUE
- WEIGHT GAIN
- DECLINE IN HEALTH

## **CARDIOVASCULAR**

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- CHEST PAIN
- HAIR LOSS ON LEGS
- HISTORY OF HEART ATTACK
- HEART MURMUR
- CRAMPS IN LEGS/FEET
- VARICOSE VEINS
- HIGH BLOOD PRESSURE
- PALPITATIONS
- LEG OR FOOT ULCERS
- SHORTNESS OF BREATH
- LEGS/FEET DISCOLORED OR BLUISH

## **ENDOCRINE**

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- INCREASED THIRST
- INCREASED URINATION
- COLD INTOLERANCE
- THYROID TROUBLES

## **ENMT**

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- DIFFICULTY HEARING
- RINGING IN EARS
- STUFFY/RUNNY NOSE
- SORE THROAT

## **EYES**

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- BLURRED VISION
- CATARACTS
- CONTACTS
- DRY EYES
- GLASSES
- GLAUCOMA

## **GI**

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- BLOATING
- BLOOD IN STOOL
- BOWEL CHANGES
- CONSTIPATION
- DIARRHEA
- HEARTBURN/ INDIGESTION
- HEMORRHOIDS
- NAUSEA
- RECTAL BLEEDING
- VOMITING

## **GU**

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- PAINFUL URINATION
- BLOOD IN URINE
- BURNING IN URINATION
- LACK OF BLADDER CONTROL
- FREQUENT URINATION AT NIGHT
- INCREASED URINATION

## **IMMUNOLOGIC**

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- HIVES
- SWELLING
- RUNNY NOSE
- SNEEZING
- WATERY EYES
- ITCHY NOSE

## **LYMPHATIC**

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- ANEMIA
- BRUISE EASILY
- SWOLLEN GLANDS
- BLEED EASILY
- BLOOD CLOTS

## **SKIN**

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- BRUISE EASILY
- DRYNESS
- DRY, SCALY SKIN
- NAIL TEXTURE CHANGE
- SKIN COLOR CHANGE
- HIVES
- ITCHY SKIN
- NON-HEALING WOUND
- RASH
- MOLE INCREASED SIZE

## **MUSCLE**

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- ARTHRITIS
- GOUT
- MUSCLE CRAMPS
- JOINT PAIN
- BACK PROBLEMS
- RESTRICTED MOTION

## **NEUROLOGICAL**

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- NUMBNESS
- PARALYSIS
- STROKE
- TINGLING
- BURNING
- UNSTEADY GAIT
- BEHAVIORAL CHANGE

## **PSYCHIATRIC**

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- DISTURBING THOUGHTS
- MEMORY LOSS
- PSYCHIATRIC DISORDERS
- DEPRESSION
- EXCESSIVE STRESS
- DISORIENTATION
- HALLUCINATIONS
- NERVOUSNESS
- SUICIDAL THOUGHTS
- ANXIETY

## **RESPIRATORY**

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- DIFFICULTY BREATHING
- CHEST TIGHTNESS
- COLD-LIKE SYMPTOMS
- PERSISTENT COUGHING
- COUGHING UP BLOOD
- COUGHING UP PHLEGM
- RECENT ASTHMA ATTACK
- SLEEP APNEA
- SHORTNESS OF BREATH
- WHEEZING

By signing below, you state that the information provided above is accurate to the best of your knowledge. You also understand that this information is being gathered for the purpose of treating your foot condition as it may be caused by or affected by other underlying medical conditions. We may also use this information to assist emergency personnel in treating you if a medical emergency should arise.

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**Signature of Patient or Legal Guardian**

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**Date**